## **Total Health Chiropractic Action Plan for Positive CoVid-19 Test**

## If the infected person is a massage therapist:

- THC will comply with contact tracing efforts, working with the Department of Health
- All of the massage practitioner's clients from the two weeks prior to the positive test are informed that they were exposed
- Public health recommends that they then go into self- quarantine for 14 days after their exposure
- The clinic will be thoroughly disinfected.
- The therapist will self-quarantine until they test negative and all symptoms have ceased for 14 days
- Anyone at THC who had close contact with the infected person will go into self-quarantine for 14 days after their exposure (may be shortened if accurate testing determines they are not infected)

## If the Infected person is a Total Health Chiropractic Employee:

- THC will comply with contract tracing efforts, working with the Department of Health
- The employee must go into self-quarantine until they test negative and all symptoms are ceased
- Anyone at THC who had close contact with the infected person within the previous two weeks is notified that they have been exposed, and they must self quarantine for 14 days after their last exposure (this timeframe may be shortened if accurate testing determines they are not infected)